



1 Diets of the Barents Sea cod from the 1930s to the present day

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30 **Abstract**

31 A new dataset on the diet of Atlantic cod in the Barents Sea from the 1930s to the present day has been compiled,
32 to produce one of the largest fish diet datasets available globally. Atlantic cod is one of the most ecologically and
33 commercially important fish species in the North Atlantic. The stock in the Barents Sea is by far the largest, as a
34 result of both successful management and favourable environmental conditions since the early 2000s. As a top
35 predator, cod plays a key role in the Barents Sea ecosystem. The species has a broad diet consisting mainly of
36 crustaceans and teleost fish, and both the amount and type of prey vary in space and time. The data, from Russia,
37 Norway and the United Kingdom, represents quantitative stomach contents records from more than 400,000 fish,
38 and qualitative data from 2.5 million fish. Much of the data is from joint collaborative surveys between Norway
39 and Russia. The sampling was done throughout each year allowing for seasonal, annual and decadal comparisons
40 to be made. Visual analysis shows cod diets have changed considerably from the start of the dataset in the 1930s
41 to the present day. There was a large proportion of herring in the diets in the 1930s, whereas in more recent
42 decades, capelin, invertebrates and other fish dominate. There are also significant interannual asynchronous
43 fluctuations in prey, particularly capelin and euphausiids. Combining these datasets can help us understand how
44 the environment and ecosystems are responding to climatic changes, and what influences the diet and prey
45 switching of cod. Trends in temperature and variability indices can be tested against the occurrence of different
46 prey items, and the effects of fishing pressure on cod and prey stocks on diet composition could be investigated.
47 The dataset will also enable us to improve parametrisation of food web models, and to forecast how Barents Sea
48 fisheries may respond in the future, to management and to climate change. The Russian data is available through
49 joint projects with Polar branch of VNIRO. The UK and Norwegian data (Townhill et al., 2020) is being released
50 with this paper at doi: 10.21335/NMDC-2139169383.

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65 **1 Introduction**

66 Here we document a new extensive dataset on the stomach content of Atlantic cod (*Gadus morhua*) in the Barents
67 Sea. We have compiled the dataset by joining historical data from the UK (1930-1964) with historical data from
68 the Soviet Union/Russia (1947-1983) and more recent (1984-2018) data from a large existing joint Norwegian-
69 Russian cod stomach-content database. The resulting dataset spans the period from 1930 until present day. As
70 part of the merging process, the data underwent a thorough quality control.

71 Comprehensive information on the predation dynamics of ecologically important species, based upon the analysis
72 of individual stomach-contents, is vital for an understanding of how the biological components in an ecosystem
73 are connected (Hyslop, 1980; Holt et al., 2019). Such data can provide detailed knowledge on the diet of a species
74 in an area at a particular time. When conducted over long temporal scales and across size classes, spatially high-
75 resolution stomach-content data can provide data that is key to understanding trophic interactions in marine
76 ecosystems.

77 Unfortunately, long-term high-quality fish population diet data with good spatio-temporal coverage are rare, as
78 the effort and resources required to collect and analyse stomach-contents at this scale is considerable. However,
79 due mainly to the stock's commercial importance, both Russia, Norway and the UK have invested considerable
80 resources in sampling, working up and sustaining stomach-contents data for the Barents Sea (or Northeast Arctic)
81 cod.

82 To support the cod fishery in the Barents Sea, the UK carried out surveys from the 1930s, mainly collecting catch
83 and length data, but also recording stomach contents. They collected content data from between a few hundred
84 to 3,500 stomachs each year, ending in the 1960s. The Norwegian-Russian data originate from a joint research
85 project on the diet and food consumption of Barents Sea fish, with cod as the main study species, initiated in the
86 mid-1980s. This was a joint endeavour between IMR (Institute of Marine Research, Norway) and PINRO
87 (Knipovich Polar Research Institute of Marine Fisheries and Oceanography, now named the Polar Branch of the
88 Russian Federal Research Institute of Fisheries and Oceanography (VNIRO); Mehl, 1986; Mehl and Yaragina,
89 1992; Dolgov et al., 2007, 2011; Yaragina et al., 2009). An average of 8,153 stomachs were analysed each year
90 (Holt et al., 2019). In addition, there are also numerous Russian cod diet data that was collected from the 1930s-
91 80s, (Dolgov et al., 2007; Yaragina and Dolgov, 2011) which are described here, however these could not be made
92 available in the main dataset published with this manuscript.

93 Atlantic cod is one of the most ecologically and commercially important fish species in the North Atlantic and the
94 Barents Sea stock is by far the largest. As opposed to many other cod stocks and other fish world-wide, the Barents
95 Sea cod are doing well, a result of both successful management and favourable environmental conditions since
96 the early 2000s (Kjesbu et al., 2014, Ottersen et al., 2014, Fossheim et al., 2015). Cod plays a key role in the
97 Barents Sea ecosystem and is the dominating top predator. While cod has a broad diet consisting mainly of
98 crustaceans and teleost fish, the amount and kind of prey actually available varies in space and time as well as by
99 cod size (Zatsepin and Petrova, 1939; Yaragina et al., 2009, Johannesen et al., 2012, 2015; Holt et al., 2019).

100 For Atlantic cod, being arguably one of the most important fish on the planet, such diet data exist in several seas:
101 e.g. the Baltic (Neuenfeldt and Beyer, 2006); on Georges Bank (Tsou and Collie, 2001); the Gulf of Maine, US
102 (Willis et al., 2013); Icelandic waters (Pálsson and Björnsson, 2011); and the northeast US shelf ecosystem (Link



103 & Garrison 2002). A comparison of Atlantic cod diet and the role of cod in the various ecosystems was made by
104 Link et al. (2009). Data on the diet of other northeast Atlantic species have been recently released, allowing
105 analysis of herring, blue whiting, mackerel, albacore and bluefin tuna diets (Pinnegar et al., 2015). The time series
106 of these pelagic species begin in the 1860s, and combine data from France, Norway, Iceland, Ireland and the UK.
107 Here, we compile a similar dataset of Barents Sea cod diet data, from Norway, Russia and the UK.

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109 **2 Data and methodology**

110 **2.1 UK Barents Sea surveys**

111 A UK fishery began in the Barents Sea in 1905, with increased exploitation from 1929. Catches of cod and
112 therefore profits were high, particularly from the 1930s when sea temperatures in the area became warmer
113 (Cushing, 1966) and cod stock sizes increased to historic high levels in the 1930s-1940s (Hysten, 2002). Aimed at
114 investigating the cod fishery, and the influence of temperature, which already at the time was known to influence
115 cod distributions, the UK carried out fisheries surveys in the Barents Sea from the 1930s to the 1960s, with a
116 break for WWII. The surveys were conducted firstly on-board commercial fishing vessels, and later with a
117 dedicated Arctic survey vessel, the *RV Ernest Holt* (Graham, 1953). The surveys collected data on cod abundance,
118 length distributions, temperature, salinity and depth, and samples of cod stomachs were also taken. This was less
119 systematic than for present-day cruises, and so the data is less statistically robust than for the data for the 1980s
120 onwards. The frequency of prey items was recorded rather than the mass of each prey item, and no data on stomach
121 fullness was collected. For the majority of surveys, prey occurrence is recorded for each stomach individually.
122 For some however, pooled data is provided, for up to 198 stomachs in total. The survey methodology is described
123 in Graham (1953) and summarised in Townhill et al. (2015). On the *RV Ernest Holt*, a standard otter trawl was
124 used, with and without Vigneron-Dahl gear. Rather than using a statistically designed survey grid, the scientists
125 wanted to find large cod groups and so vessels searched for high cod catches, operating more like a commercial
126 fishing boat.

127 *DAPSTOM database summary*

128 Under the Centre for Environment, Fisheries and Aquaculture Science (Cefas) project Trawling Through Time
129 (DP332) and the Norwegian-British-Russian research project CoDINA (Cod: Diet and food web dyNAMics),
130 funded by the Research Council of Norway, the data for these surveys were digitised from paper logbooks held
131 by Cefas and the stomach data is held in the DAPSTOM database (Cefas, 2014; Pinnegar, 2014). The DAPSTOM
132 (Database And Portal for Fish Stomach records diet database), described in Pinnegar (2019) contains 256,354
133 records from 360,561 stomachs, with the first records from the 1830s. These are from 204 species and 9,445
134 research cruises/sampling campaigns. 28% of the records are for Atlantic cod, mainly for the seas around the UK,
135 but also including these for the Barents Sea.

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137 **2.2 The joint Norway-Russia research programme on trophic relationships in the Barents Sea**

138 Russian and Norwegian surveys include cod stomach sampling in their regular procedures as described in Dolgov
139 et al. (2007 and 2011). One cod stomach per 5 cm length group of cod is sampled per station on the Norwegian



140 and joint Russian-Norwegian surveys. On Russian commercial vessels and Russian national surveys, 25 stomachs
141 are sampled per trawl. Unlike the historical UK surveys in the Barents Sea, these stomachs are weighed and the
142 total weight and degree of digestion for each prey item is recorded. For items that can be identified, lengths are
143 recorded, as well as the total number of identifiable prey in each stomach.

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145 **2.3 Russian investigations on cod diet in the Barents Sea**

146 Since 1947, observations on cod diet in the Barents Sea have been performed throughout the year from commercial
147 and research vessels as part of a Russian sampling programme. During sampling, the degree of stomach fullness
148 was recorded using a five-division scale, ranging from 0: empty stomach, to 4: stomach expanded and unfolded
149 by food, as well as the presence of different prey items (capelin, juvenile cod, redfish, herring, shrimp,
150 euphausiids, and other) in the stomach. This qualitative method named “field feeding analysis” was widely used
151 in Russian investigations of different fish species including cod (see references in Dolgov et al. 2007 and Yaragina
152 and Dolgov, 2011). From 9 to 45 thousand cod stomachs were analyzed each year during 1947-1979. As yet, the
153 qualitative Russian stomach samples for years 1947-1983 are not fully digitized.

154 **2.4 Barents Sea cod dataset**

155 The UK stomach contents dataset has been merged with the Norway and Russian data from 1984 as part of the
156 project CoDINA. Only the UK and Norwegian data from the Barents Sea cod dataset is provided alongside this
157 paper. The Russian data is not available for publication for reasons stated above but is described and presented
158 in a number of publications (e.g. Mehl and Yaragina, 1992; Dolgov et al., 2007; Yaragina and Dolgov, 2011; Holt
159 et al., 2019; Yaragina et al., 2009). A description of each prey category is provided in Supplementary material 1,
160 and the metadata for the dataset is provided in Supplementary material 2.

161 *Data summary*

162 The location of each stomach sample is shown in Figure 1. The largest number of samples are from Norwegian
163 and Russian surveys. The Russian data extends further east and northeast than the Norwegian or UK data, while
164 the UK and Norwegian data includes the area to the west and north of Svalbard (Spitsbergen).

165 A total of 400,054 individual stomachs are contained in the Barents Sea cod diet dataset. These include 102,197
166 empty stomachs. In addition, there are 24,457 quantitative and 2,599,421 qualitative Russian stomach samples
167 for earlier years (before 1984). The numbers sampled in each year vary according to the number of surveys in
168 each year, with no stomach data in some years. The number of stomach records in each year are shown in Figure
169 2 along with the total number of empty stomachs in each year. The UK qualitative data in Figure 2 are the 103
170 pooled records in the UK dataset, where the contents of more than one stomach are recorded together. Up to 198
171 stomachs are combined in each of these records.

172 The Barents Sea cod diet dataset contains data from across the Barents Sea, from the north of Norway, to
173 Spitsbergen and eastwards to Russia (Figure 1), however the overall coverage and sampling locations varied each
174 year. The UK surveys in the 1930s and 1940s tended to be in the region south and east of Spitsbergen, and around
175 Bear Island. From the 1980s onwards, the Norwegian and Russian survey area was further to the eastern Barents
176 Sea (Figure 3). There are also earlier Russian stomach records from the 1940s to 1960s with qualitative (frequency



177 of occurrence, degree of stomach fullness) and quantitative data, mainly from the eastern part of the Barents Sea
178 (Zatsepin and Petrova, 1939; Dolgov et al., 2007 and references therein; Yaragina and Dolgov, 2011 and
179 references therein). For the 1970s there is only qualitative data, as the UK surveys stopped in the 1960s, and the
180 IMR and PINRO joint collection of quantitative data did not begin until the 1980s (Johannesen et al., 2007).

181 Stomachs have been sampled throughout the year (Figure 4) allowing for seasonal changes in the diet to be
182 analysed. Sampling is widespread in quarters 3 and 4, does not go as far north in quarters 1 and 2, and is generally
183 more limited in geographical area during quarter 2 as few regular surveys have been carried out in that quarter.
184 During winter, coverage is limited by ice.

185

186 *Diet composition*

187 The dataset shows that cod diets do not remain constant, and occurrence of different prey items changes each year.
188 Overall composition in each decade is shown in Figure 5, and time series for the most important prey species in
189 Figure 6, excluding empty stomachs. In the 1930s, when there are fewer records, most of the food items are not
190 identified to species, and there is a large proportion of other food and other fish in the diets. From the 1940s
191 onwards, most of the fish items found in the stomach are identified to species. The data shows a large amount of
192 herring in the diet in the 1930s, which is not found again in later decades. In the 1940s and 1950s, there is a high
193 occurrence of euphausiids in the diet, and this decreases to the 2010s. There is a lower occurrence of capelin in
194 the earlier decades, particularly in the 1930s and 1960s, and this increases again to a high proportion of the diet
195 from 1990s onwards. Cod cannibalism is apparent in every decade, with the highest proportion of cod in the diet
196 at >30% in 1930s, reduced to 20% or less thereafter in later years. These figures show how variable the diet
197 compositions are between years and decades.

198 Cod diets have changed considerably from the start of the dataset in the 1930s to the present day, and Figure 5
199 shows the diet composition for the UK and joint Norwegian-Russia stomach dataset. The Russian qualitative data
200 is not included as the prey categories recorded were different. Figure 5 shows a large proportion of herring in the
201 diets in the 1930s, which does not occur again, and in more recent decades, capelin, invertebrates and unidentified
202 fish (other fish) dominate. Figure 6 shows the annual variations in the main prey types and includes the Russian
203 qualitative data. Analysis of the early Russian data also shows that the diets of cod have changed considerably
204 from the 1930s to the 2000s (Yaragina et al., 2009; Yaragina and Dolgov, 2011), reflecting the trends seen in
205 Figure 5 and Figure 6 for herring, cod, capelin and polar cod, although not for haddock. The earliest Russian
206 investigations into cod diets from the 1930s (Zatsepin and Petrova, 1939) show similar fluctuations in prey, with
207 interannual asynchronous fluctuations in capelin and euphausiids (Yaragina and Dolgov, 2011), which is also
208 shown in the data in Figure 6.

209

210 **3 Discussion**

211 IMR/PINRO data have been used in numerous publications and assessments, such as Holt et al. (2019) who
212 investigated how cod diet changes over time, across seasons and with ontogeny. The role of macroplankton in the
213 diet has been studied by Orlova et al. (2005). The data were used to extrapolate cod cannibalism information back
214 to the 1940s (Yaragina et al., 2018). Furthermore, these data were used to explore intra-and inter-specific



215 interactions between top predators in the Barents Sea (Durant et al. 2014). The Arctic Fisheries Working Group
216 has used the cod diet data to estimate cod predation on North East Arctic haddock and Barents Sea capelin in their
217 stock assessments (ICES, 2019). Spatial dynamics of cod and their main prey were determined by Johannesen et
218 al. (2012), and seasonal variations in feeding and growth by Johannesen et al. (2015). The role of herring and
219 capelin as prey sources have been studied in detail, particularly in relation to size-dependent predation (Johansen,
220 2002; 2003; 2004). The stomach data have also been used to assess Ctenophora abundance in the Barents Sea, by
221 using cod as a Ctenophora sampling tool (Eriksen et al., 2018). They found that Ctenophora are increasing
222 abundance in cod stomachs in recent years, coinciding with warm seas. The UK dataset covers the period of the
223 1940s when temperatures in the Barents Sea are similar to those found today (Boitsov et al., 2012). Analysis of
224 this earlier dataset has shown how prey choice is influenced by temperature, with implications for the present day
225 cod population (Townhill et al., 2016). By combining the early and recent years, this new long-term dataset will
226 allow further comparison of temperature regimes throughout the past century. Also, by using cod as a sampling
227 tool, the data can be used to investigate occurrence and trends in any of the species on which they prey. UK data
228 has been used to investigate diets in the last century and the role of sea temperature (Townhill et al., 2015). This
229 analysis of the UK data alone found that temperature has a large role to play in explaining the presence of capelin
230 and herring in cod diets. The Russian data were very useful for the understanding of the fluctuations in the
231 ecosystem (e.g. Yaragina and Dolgov, 2011) and for the development of multispecies models. By combining these
232 datasets, we can further understand how the environment and ecosystems are responding to climatic changes, and
233 what influences the diet and prey switching of cod which is evident in the data. Such a long time series will enable
234 trends in temperature and variability indices to be tested against the occurrence of different prey items, and
235 investigate whether fishing pressure on cod and the stocks of their prey affect the diet composition. The dataset
236 will also enable us to improve parametrisation of food web models, and to forecast how Barents Sea fisheries may
237 respond in the future, to management and to climate change.

238 3.1 Limitations

239 The UK data contains pooled data of up to 198 stomachs in one record, where the stomach data for all of the cod
240 at one sample station was recorded as one record. This data can be used for qualitative analysis, and exploratory
241 analysis of the first half of the 20th century. The stomach contents from the pooled data have been previously
242 presented by Brown and Cheng (1946). The UK data are not as robust as more recent data in that a statistically
243 designed survey was not carried out, and instead the vessels sought the highest catches of cod that they could.
244 This must be taken into account in any analysis of the dataset, but nonetheless the data is still valuable and is a
245 record of cod diets in a certain place and time. There is more detail included in the Norwegian-Russian dataset,
246 such as fullness of stomachs and length and weight of prey. Where such information is required in analysis, the
247 UK data may be less useful. However, there is a lot of value in the combined dataset, even with fewer parameters
248 recorded for the earlier years. The UK data shows similar trends in cod diet to quantitative Russian data for the
249 same time period (Yaragina and Dolgov, 2011), showing that this qualitative data is still useful in investigating
250 trends in cod diets.

251 The quantitative Norwegian and Russian data is more robust than the UK data, and full details of the sampling
252 methods are available (Dolgov et al., 2007, 2011). The main limitation is that bottom trawls are generally used
253 and so the cod are not well sampled if they are high in the water column. However, cod are generally a demersal



254 species and as such bottom trawling is the most effective sampling method. Also, the sampling is limited in the
255 Lofoten/Vesterålen area, an important spawning location for Barents Sea cod. Analysis of the stomachs of
256 spawning cod has only been possible for certain years, owing to the low number of survey stations in the area
257 (Michalsen et al., 2008). As such, cod stomachs sampled south of 70°N and west of 18°E (Lofoten and nearby
258 areas), were excluded from the dataset and our analyses, as spawning cod is mainly found in this coastal area
259 (Michalsen et al., 2008). This analysis showed that herring dominated the diet and stomach fullness was found to
260 be lower in this area during the spawning period (March and April). As such, the location of the cod should be
261 considered when using this Barents Sea cod diet dataset.

262

263 **4 Summary**

264 The release of the Barents Sea cod diet dataset is a significant contribution to the study of Atlantic cod ecology,
265 feeding and the Barents Sea ecosystem as a whole. The data have been used in numerous analyses, which has
266 helped scientists gain a detailed understanding of the stock, mainly analysis of separate datasets. Now, with the
267 population at a high level, this combined dataset, covering almost 90 years and stretching back to 1930, can be
268 used to investigate how climate may be affecting the dynamics of the stock, how this may have knock-on effects
269 within the foodweb, and what implications this may have for the future of this ecologically and economically
270 important cod stock.

271 **Data Availability**

272 The Barents Sea cod diet database (Townhill et al., 2020) can be accessed and data downloaded from
273 <https://doi.org/10.21335/NMDC-2139169383>. The prey categories and metadata for the database are found in
274 Supplementary material 1 and 2 respectively. The Russian quantitative data from the joint database (1984-2018)
275 and the qualitative Russian diet data (1947-1983), which have not been entirely digitized, are not publicly
276 available due to the Institution policy, but access to these data is granted through contracted collaboration in joint
277 projects with the Polar branch of VNIRO. Summaries, descriptions and analyses of the Russian data can be found
278 in the following publications: Zenkevich and Brotskaya, 1931; Zatespin and Petrova, 1939; Mehl and Yaragina,
279 1992; Dolgov et al., 2007; Yaragina and Dolgov, 2011; Holt et al., 2019; Yaragina et al., 2009; and Yaragina and
280 Dolgov, 2011.

281 **Author Contribution**

282 BLT conceived the idea for the paper. BB, EJ, NY, AD were all involved in data collection and survey
283 organisation. REH and BLT formed, cleaned and prepared the new Barents Sea Cod Diet Database. REH and
284 BLT prepared the figures for the manuscript. BLT wrote the manuscript with contributions from all co-authors.

285 **Competing Interests**

286 The authors declare that they have no conflict of interest.

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295 UK stomach content databases, not least the colleagues undertaking the enormous practical task of identifying the
296 stomach-contents.

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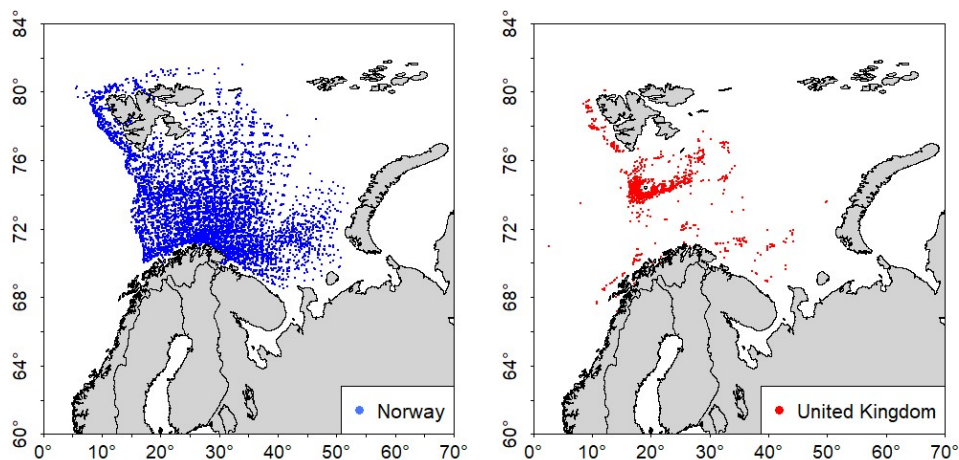
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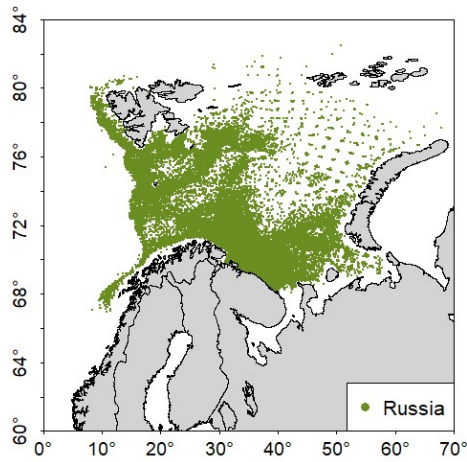
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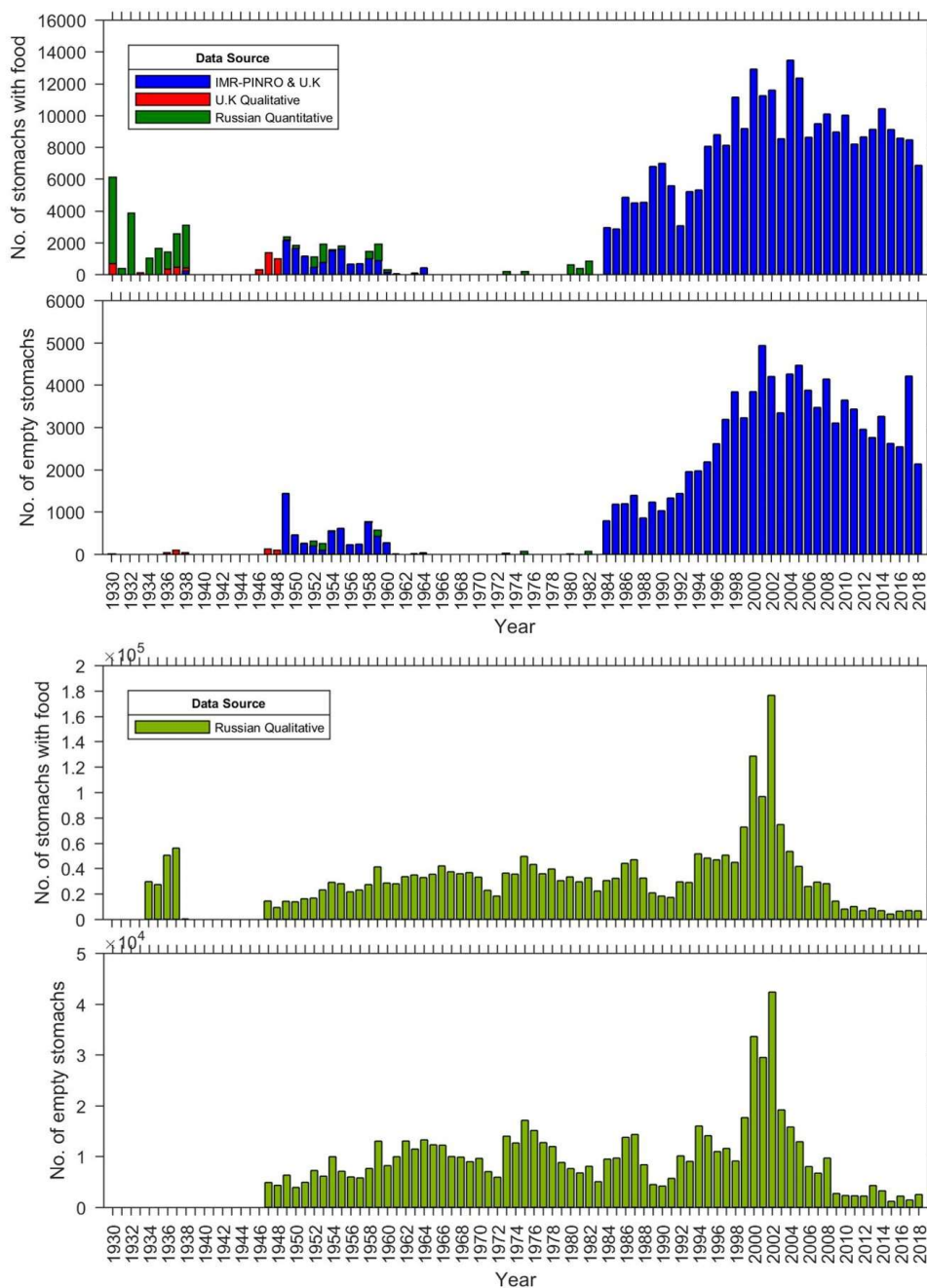
412 **7. Figures**





413 **Figure 1.** The location of the cod stomach samples taken in the Barents Sea by each institution.

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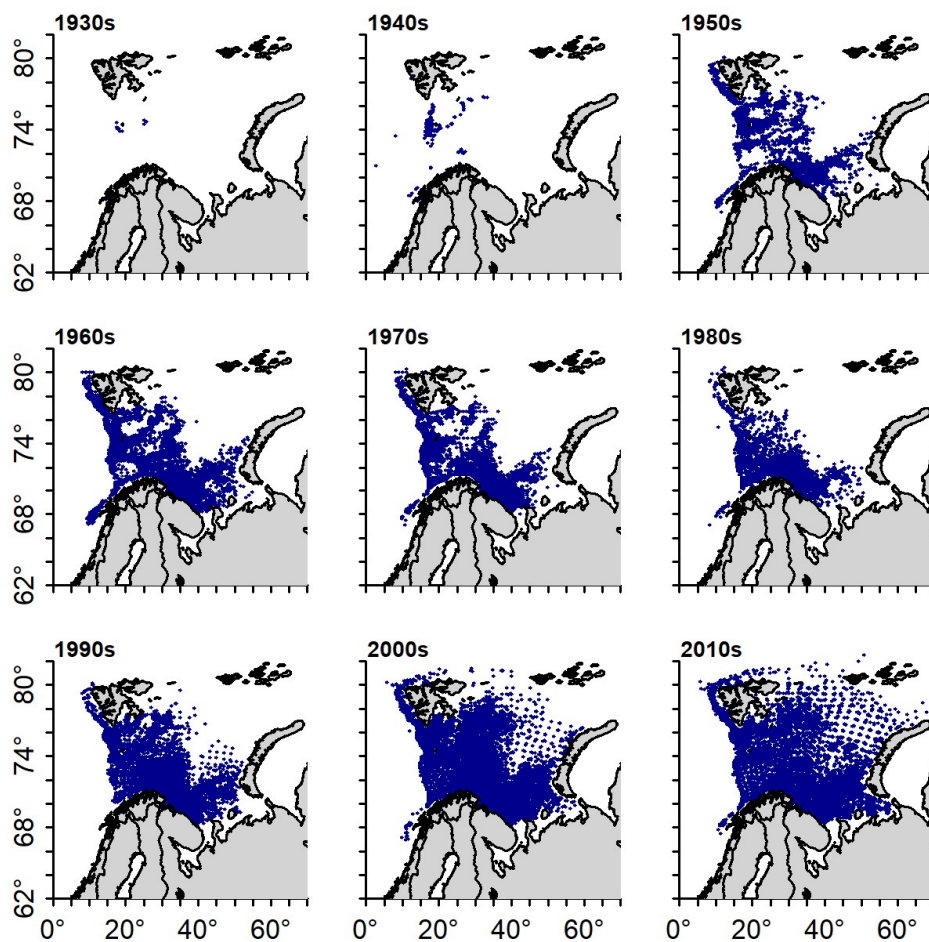
Figure 2. Number of stomachs sampled in each year, showing those with food contents and those that were empty.

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Upper two panels: All data except the Russian qualitative data. Lower two panels: Russian qualitative data only.

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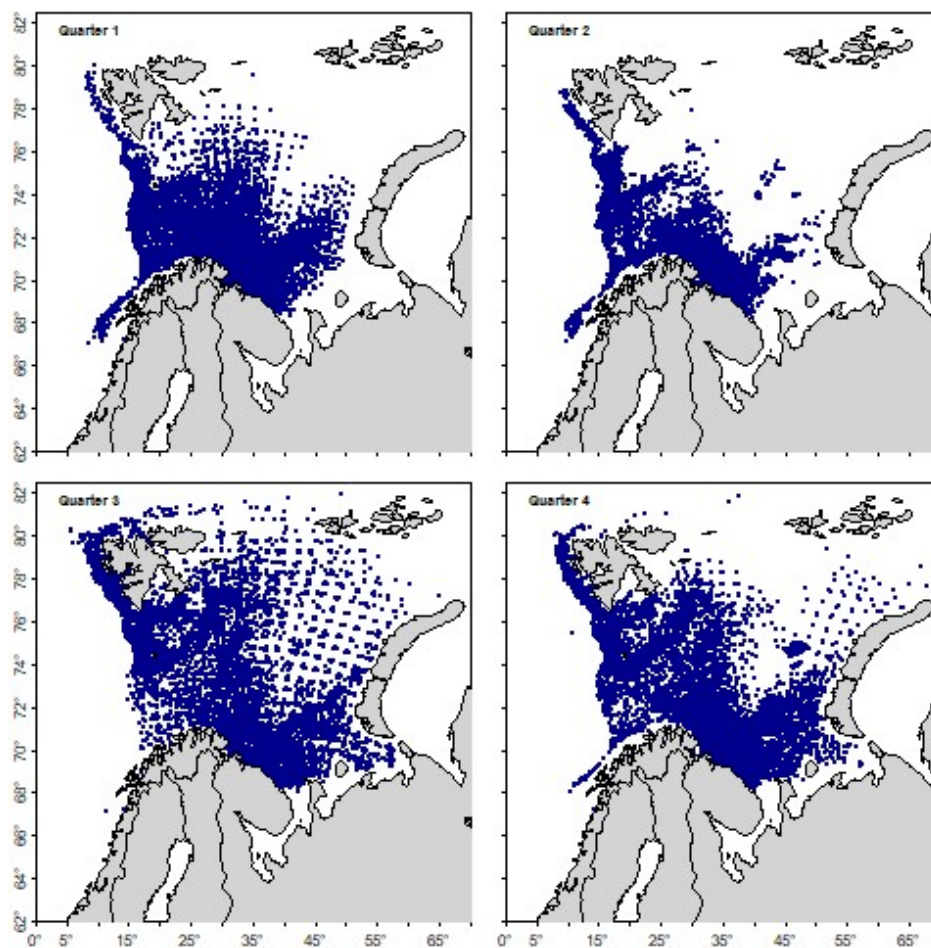
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421 Figure 3. Sampling coverage in each decade for all Russian, Norwegian and UK data combined. Each dot denotes a
422 stomach sample.

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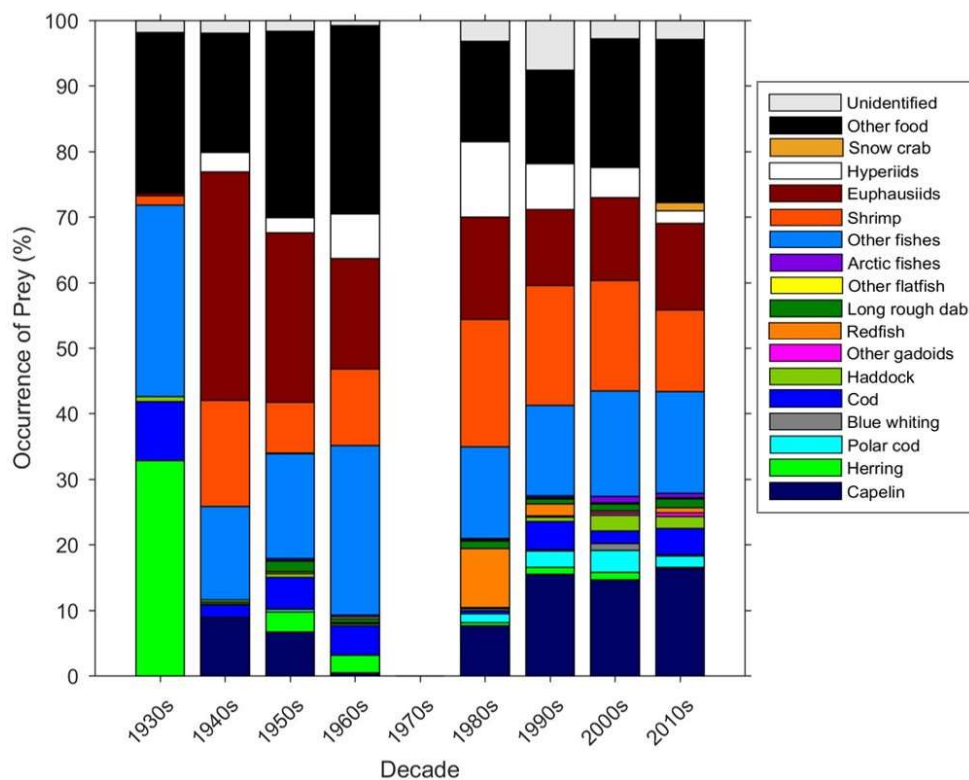


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425 Figure 4. Sampling coverage in each quarter for all Russian, Norwegian and UK data over all years combined. Each
426 dot denotes a stomach sample.

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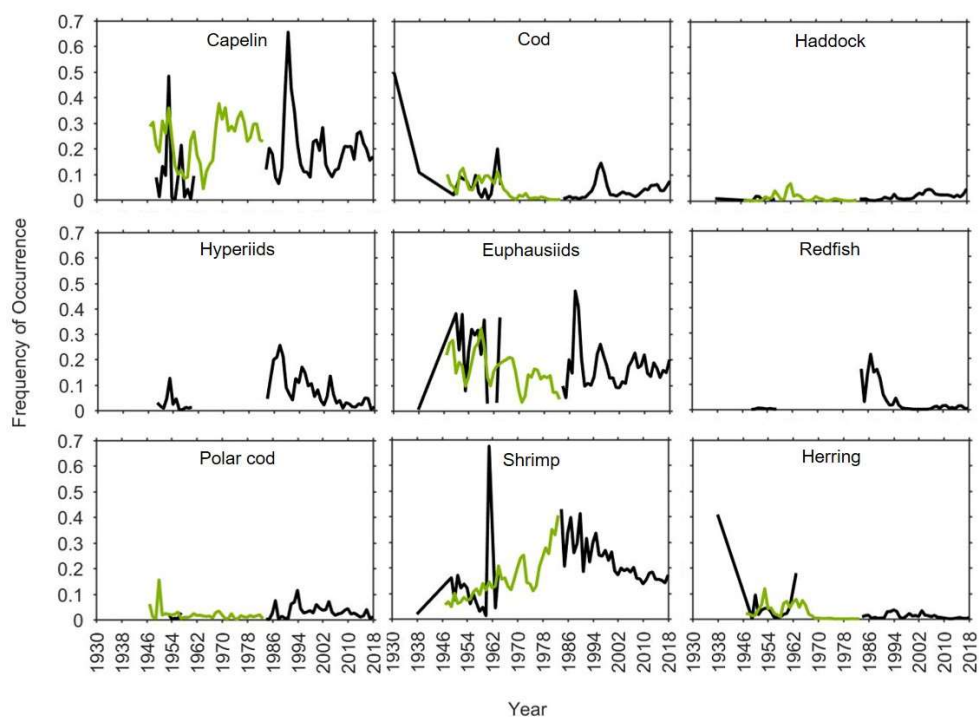


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430 **Figure 5. The percentage occurrence of prey in each decade. The percentage occurrence of each prey item is calculated**
431 **based on the total prey items in each decade and excludes empty stomachs.**

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435 **Figure 6. Time series of occurrence of the main prey items in the dataset, excluding empty stomachs. The frequency of**

436 **occurrence of each prey item is calculated based on the total number of stomachs in each decade. (Black line: combined**

437 **IMR-PINRO & U.K Barents Sea cod diet dataset data; green line: earlier Russian data).**

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